

ZOLI'S RESTAURANT

www.protea-ridge.com

Breakfast

PROTEA FULL ENGLISH BREAKFAST R120

2 eggs (fried, scrambled or poached), beef or pork sausage, grilled tomato, back bacon, mushrooms, hash brown, baked beans and 2 slices of toast

HEALTHY BREAKFAST R76

Seasonal fruit salad, muesli, yoghurt and honey

BREAKFAST WRAP R85

Scrambled egg, bacon, mushrooms, feta, and peppers in a tortilla wrap

OMELETTE R82

A three-egg omelet with a choice of 3 fillings: cheese, bacon, ham, tomato, mushrooms, and onion

FRENCH TOAST R80

Served with back bacon, camembert and maple syrup

SWEETCORN CRUMPETS R76

3 crumpets served with fresh tomato, herb & onion, salsa and maple syrup

POACHED EGGS R96

Served on an English muffin, topped with hollandaise sauce

Options - choose one of the following:

Florentine: Spinach
Benedict: Parma Ham
Royale: Smoked Salmon

BAKERS CHOICE

Artisanal Scone Delight R38

Muffins in the City R38

Croissants R38
Served with jam and butter

EXTRAS

Toast R7

1 egg, tomato R12

Mushroom, cheese, cream R20

Beef or pork sausage R30

Avocado, bacon, ham R30

Smoked salmon R40

Chip basket half portion R22

Chip basket full portion R35

Entrées

SOUP OF THE DAY R80

Chef's Select Soup of the Day

SMOKED SALMON R118

With chive cream and crispy leeks

HALOUMI R92

Fried and served with fresh lemon

Salads

GREEK SALAD R85

Mixed greens, cocktail tomatoes, cucumber, onion, peppers, Olives and feta

CAESAR SALAD R112

Cos lettuce, anchovy, bacon, croutons, boiled egg, cocktail Tomatoes and parmesan shavings

CHICKEN SALAD R124

Tender pieces of chicken, pan fried with honey and sesame seeds served on a crispy garden salad

Toasties

CHICKEN MAYO R75

TUNA MAYO R75

HAM, CHEESE & TOMATO R75

BACON, CHEESE & TOMATO R75

CHEESE & TOMATO R65



- Gluten free options available
- Kids options available

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✉ frontdeskprotea-ridge.com

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👍 [facebook.com/protearidgejhb](https://www.facebook.com/protearidgejhb)

📍 486 Boundary Road, North Riding
AH, Johannesburg, South Africa

MAINS

VEGETABLE WRAP R135

Julienne of vegetables, pan fried and wrapped in a tortilla with feta cheese, avocado (when in season), tomato and served with French fries

SWEET CHILLI CHICKEN WRAP R150

Pan-fried chicken strips with onions and sweet chilli sauce, wrapped in a tortilla with cream cheese, fresh tomato & avocado (when in season), served with French fries

FISH OF THE DAY R195

Grilled and served with lemon, tartar sauce, vegetables and French fries

BEEF BURGER R135

A 200g pure beef Pattie on our homemade sesame bun with lettuce, fried onion, cheese, gherkins & tomato, served with French fries

MUSTARD CRUSTED FILLET OF BEEF R295

A 250g fillet of beef prepared to your preference, served with vegetables and rosemary roasted potatoes, finished off with a red wine jus

RUMP STEAK R255

A 200g rump steak, prepared to your preference, served with garlic rosemary roasted potatoes and vegetables

CHICKEN SCHNITZEL R155

Crumbed and fried served with pepper sauce and French fries

CHICKEN PENNE PASTA R155

Tossed in basil pesto & Napolitano sauce served with sundried tomatoes, peppers and broccoli

VEGETABLE CURRY R135

Mixed seasonal vegetables cooked in a creamy curried Thai pesto, served with savoury basmati rice



Desserts

FRESH FRUIT SALAD R55

Seasonal fruits served with vanilla ice cream

CHOCOLATE BROWNIE R55

Served with vanilla ice cream or Chantilly cream

APPLE CRUMBLE R60

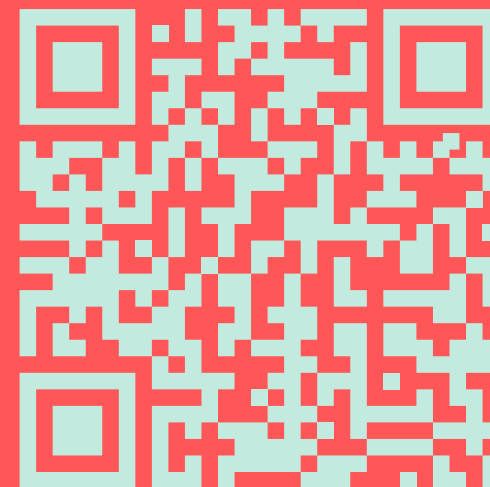
Served with vanilla ice cream or Chantilly cream

MALVA PUDDING R60

Served with warm custard and a citrus salad

ICE CREAM R45

Ice cream with chocolate sauce



Hot Drinks

FIVE ROSES R24

ROOIBOS R24

TWINNING TEA (SELECTION) R24

FILTER COFFEE R25

AMERICANO R28

CAPPUCCINO R34

CAFFE LATTE R36

HOT CHOCOLATE R38

Cold Drinks

JUICES

Orange, mango and fruit cocktail

REGULAR R25

LARGE R32

SHAKES

Vanilla, strawberry, bubblegum, chocolate and banana

REGULAR R32

LARGE R45

SMOOTHIES R74

Chocolate peanut butter protein

Tropical pine

Strawberry